

FOUR SEASONS INVITATIONAL TAE KWON DO CHAMPIONSHIPS WINTER COMPETITION SATURDAY, MARCH 7, 2015

Dear School Owners, Masters, Instructors, and Students,

The Tae Kwon Do School of Excellence is pleased to invite you to the *WINTER COMPETITION* of the FOUR SEASONS INVITATIONAL CHAMPIONSHIPS. This competition series has been developed to provide a quality event for students of all skill levels and will be hosted quarterly.

We aspire to provide a learning experience for students not familiar with the WTF Olympic Style competition, while allowing the more seasoned competitors to have a great practice experience. All competitors will compete on fully matted rings for their safety and convenience. All Black Belts will use Daedo and all Rings will be Electronic Scoring. We will also have Breaking, Weapons, One-Steps, and Keibons!

You can REGISTER ONLINE @ www.TKDExcellence.com

The competition will be held at the Lake Wales High School Gymnasium in Lake Wales. We will be following modified WTF Olympic Style rules. There will be NO HEAD CONTACT FOR COMPETITORS 11 AND UNDER. **All 1st and 2nd place Sparring and Forms winners will receive a custom TROPHY!** Custom Medals will be awarded to competitors placing 3rd and 4th in the divisions. All competitors will leave the competition with an award!!

To ensure the quality of the day of competition we request that you pre-register as many competitors as possible. We would love to have registration be finished early!!! Credential pick-up, check-in, and registration will begin at 8:00am. Competition will begin promptly at 9:30am.

We look forward to seeing you on the 7th. If you have any questions or comments, please do not hesitate to call!

**Tae Kwon Do School of Excellence
65 West Central Ave
Lake Wales, Florida 33853
(863) 676-6846**

Sincerely,

Master Chase Woolman, 5th Dan
Tournament Director

GENERAL INFORMATION

Hosted By: The Tae Kwon Do School of Excellence of Lake Wales

Directed By: Master Chase Woolman, 5th Dan
WTF, VTCDKA, USA Taekwondo, AAU Certified, Kukkwion Certified

Credential pick-up, check-in, and Registration:

Saturday, March 7, 2015 Starts at **8:00 a.m.**

Competition:

Saturday, March 7, 2015 Starts at **9:30 a.m.**

Entry Fees:

Pre-Registration: \$55.00 for the first 2 events (By Friday, February 27)

Late Registration & Registration at Door: \$65.00 for the first 2 events (After February 27)

Additional Events: (Breaking, Weapons, Keibons, & One-Steps) \$10.00 per event after 2nd

Spectator Entry Fee: \$3.00 under 12, \$5.00 12 and up

*Cashier's Checks, Money Orders, and Personal checks accepted.
(\$25.00 charge for NSF) NO REFUNDS*

Make checks payable to: Tae Kwon Do School of Excellence

COACHES: Free! ***MUST*** complete a ***Coaches Application Form*** in order to receive a coaches pass.

VOLUNTEERS & REFEREES: Will be given a voucher for a Free lunch for their services.

Mailing Address: Tae Kwon Do School of Excellence
65 West Central Ave.
Lake Wales, Florida 33853
ATTN: Master Chase Woolman / Don Allen

Tournament Location: Lake Wales High School
1 Highlander Way
Lake Wales, FL 33853

Additional Information: call: (863) 676-6846
Email: Chase.PositiveBody@gmail.com

GENERAL INFORMATION CONT.

RULES:

This competition will follow modified WTF Olympic Style Rules. There will be NO HEAD CONTACT for competitors 11 and under. The Tournament Director shall make final determination and rules interpretation.

Arbitration Committee:

All final decisions will be made by the Tournament Director and the arbitration board (members TBA).

Participation Qualification: Must be a member in good standing of an invited martial arts school.

POOMSE (FORMS):

Competitors will be required to perform a WTF, ITF, ATA or Kukkiwon approved poomse. Competitors MUST perform one of their top two poomse. Black Belt Competitors will be required to perform their rank form.

ONE STEPS: Students will be paired according to rank age and size. They should plan to perform their best 5 one steps. The best 3 out of 5 will be declared the winner of the round. The bracket will be the same as Sparring.

BREAKING AND WEAPONS:

Competitors must provide all breaking material and it must be approved by the tournament director. – **Boards will be available at \$3.00 per small board and \$4.00 per large board. Two small boards for \$5.00 and two large boards for \$7.00. – Concrete will also be available for purchase at \$4.00 each piece.**

Weapons Competitors must have a Coach with them during the performance at ring side.

Required Equipment:

~ Clean WHITE school or competition uniform (patches are allowed)

~ Sparring Equipment:

- WTF-approved Headgear
- WTF-approved trunk(chest) protector
- Protective cup for males (worn inside the pants)
- WTF-approved forearm, shin & insteps (foam kick & punch gear WILL be allowed)
- Mouthpiece

FINAL SCHEDULE OF EVENTS:

- 8:00 a.m. – Credential pick-up, check-in, and registration
- 9:00 a.m. – Judges/Score Keepers Meeting
- 9:15 a.m. – Coaches Meeting
- 9:30 a.m. – DEMO TEAM
- 10:00 a.m. – Board and Concrete Breaking
- 10:30 a.m. -- Weapons
- 11:00 a.m. – Poomse / Keibons competition begins
 - o All Black Belt Poomse
 - o Junior Colored Belt Poomse
 - o Adult Colored Belt Poomse
- 12:00 p.m. – Sparring / One Steps Competition begins
 - o Junior Colored Belt Sparring
 - o Adult Colored Belt Sparring
 - o ALL Black Belt Sparring

DIVISIONS

POOMSE:

<u>Division</u>	<u>Age</u>	<u>level</u>	<u>Gender</u>
Mini Pee Wee	6 & under	Beg, Inter, Adv	Combined
Pee Wee	7 – 9	Beg, Inter, Adv, Black	Combined
Youth	10 – 11	Beg, Inter, Adv, Black	Combined
Junior	12 – 13	Beg, Inter, Adv, Black	Combined
Teen	14 – 17	Beg, Inter, Adv, Black	Combined
Adult	18 – 34	Beg, Inter, Adv, Black	Combined
Executive	35 & Up	Beg, Inter, Adv, Black	Combined

SPARRING:

<u>Division</u>	<u>Age</u>	<u>Level</u>	<u>Gender</u>	<u>Weight</u>
Mini Pee Wee	6 & under	Beg, Inter, Adv	Comb.	Light/Heavy
Pee Wee	7 – 9	Beg, Inter, Adv, Black	M / F	Light/Heavy
Youth	10 – 11	Beg, Inter, Adv, Black	M / F	Light/Heavy
Junior	12 – 13	Beg, Inter, Adv, Black	M / F	Light/Heavy
Teen	14 – 17	Beg, Inter, Adv, Black	M / F	Light/Heavy
Adult	18 – 34	Beg, Inter, Adv, Black	M / F	Light/Heavy
Executive	35 & Up	Beg, Inter, Adv, Black	M / F	Light/Heavy

***ALL DIVISIONS SUBJECT TO COMBINATION AND CHANGE
WITH OR WITHOUT NOTIFICATION.***

Changes will be approved by the Tournament Director.

LEVEL EXPLANATION:

Beginner – 10th Gup, 9th Gup, 8th Gup, 7th Gup

Intermediate – 6th Gup, 5th Gup, 4th Gup

Advanced – 3rd Gup, 2nd Gup, 1st Gup

Black – All degrees of black belt will be combined

Mini Pee Wee Division will have two 1-minute rounds.

All divisions above the age of 7 will have two 1 ½-minute rounds.

Black Belts will have two 2-minute rounds.

COMPETITOR APPLICATION FORM

Competitor's Name: _____
First Last

Date of Birth: _____ Age: _____ Gender: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____ ()

Email: _____

Rank: _____ Weight: _____ Height: _____

School: _____ Instructor: _____

Check all that apply: POOMSE (Forms) _____ SPARRING _____

Additional: ONE STEPS _____ KEIBONS _____ BREAKING _____ WEAPONS _____

Amount Enclosed: _____ \$55 For 2 Event pre-registration (Before Feb. 27)

_____ \$65 for late registration and at the door (After Feb. 27)

Additional Events: _____ \$10 each Additional event

Make check payable to: **Tae Kwon Do School of Excellence**
65 West Central Ave.
Lake Wales, Florida 33853
ATTN: Master Chase Woolman

Liability Waiver

The below-named participant agrees to abide by all the rules set-forth and accepted by Tae Kwon Do School of Excellence. Rules will be supplied upon request. I agree to abide by any decisions of Tae Kwon Do School of Excellence, its instructors, employees, or agents regarding my ability to participate. I understand and appreciate the risk; the activity involves and danger of serious bodily injury, including permanent disability, paralysis, and death. Risks also include, but not limited to falling, physical contact with others and with objects used in training, which include pads and boards. In consideration of the acceptance of this application by Tae Kwon Do School of Excellence, I, on behalf of myself and all other persons or entities acting or entitled to act on my behalf, including my representatives, guardians, heirs, and assigns, hereby release Tae Kwon Do School of Excellence, Lake Wales High School, its instructors and agents. I also release Chase Woolman, and Shanda Woolman from any and all claim, damages, liabilities and cause of action of any kind, and hereby voluntarily and knowingly waive such claim, damages, liabilities and cause of action, and all rights hereto, for any injury received while participating in this event. Further, I understand and acknowledge that I am solely responsible for medical benefits or health insurance assigned to me and on my behalf of any injuries I may suffer as I participate in this tournament or any other activity on any premises owned, leased, or used by those persons or entities for this event. Further, I understand that photographs and video may be taken as I participate in these activities and I grant full usage of my image and likeness for promotional, publicity, and advertising purposes connected with Tae Kwon Do School of Excellence, without any present or future claim for compensation or damages. I also covenant not to sue Tae Kwon Do School of Excellence, for any injuries up to and including death related to this event. Permission to participate in this event sponsored by Tae Kwon Do School of Excellence is conditional upon completion of this form. I fully accept all terms and conditions stated herein, and this acceptance is evidenced by my signature or that of my parent or guardian as appropriate affixed to this form in proper space below. All registrations are final and nonrefundable.

Signature: _____ Dated _____

Parent or Guardian: _____ Dated: _____
(if under 18)

