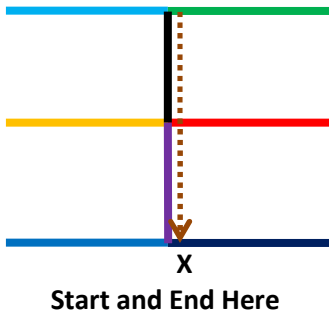


Taeguk Ee-Jang - “Joy” - 태극 2장

Ready Position (Joon-bi)

1. Turn left 90°, left low block in left walking stance.
 2. Step forward, right middle punch in right forward stance.
 3. Turn right 180°, right low block in right walking stance.
 4. Step forward, left middle punch in left forward stance.
 5. Turn left 90°, right middle block in left walking stance.
 6. Step forward, left middle block in right walking stance.
 7. Turn left 90°, left low block in left walking stance.
 8. Right front kick, right high punch in right forward stance.
 9. Turn right 180°, right low block in right walking stance.
 10. Left front kick, left high punch in left forward stance.
 11. Turn left 90°, left upper block in left walking stance.
 12. Step forward, right upper block in right walking stance.
 13. Pivoting on right foot, turn left 270°, right middle block in left walking stance.
 14. Pivoting on left foot, turn right 180°, left middle block in right walking stance.
 15. Turn left 90°, left low block in left walking stance.
 16. Right front kick followed by right middle punch in right walking stance.
 17. Left front kick followed by left middle punch in left walking stance.
 18. Right front kick followed by right middle punch in right walking stance.
- YELL!! (KI-HAP)



Taeguk Ee-Jang – Yellow Belt Form

	Stances		Blocks			Strikes		Kicks
Bar	Walking	Square/ Forward	Low	Middle	High	High Punch	Middle Punch	Front Kick
1	2	2	2				2	
2	2			2				
3	2	2	2			2		2
4	2				2			
5	2			2				
6	4		1				3	3
Total	14	4	5	4	2	2	5	5

나 Na

라1
Ra1



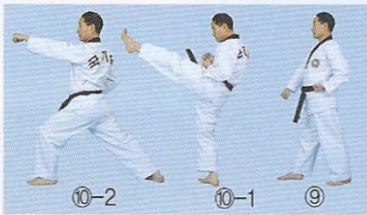
다1
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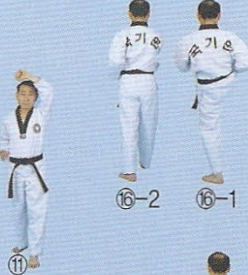
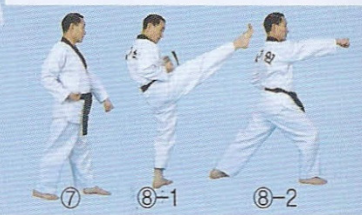
준비 · Junbi



라2
Ra2



다2
Da2



라3
Ra3



다3
Da3



가 Ga

측면
Lateral
view

