

# Student Creed

I am a martial artist on a quest to be  
my best!

I intend to develop myself in a positive  
manner and avoid anything that would  
reduce my spiritual or mental growth  
and physical health.

I intend to develop self-discipline in  
order to bring out the best in myself  
and others.

I intend to use what I learn in class  
constructively and defensively to help  
myself and my fellow man and never  
be abusive or offensive.